

Time in Quantum Mechanics

Observables correspond to operators (or POVMs)
but time in QM is just an incremented parameter
like t and m .

Any child with a stop-watch can tell you time is an
observable quantity but it turns out to be an awkward
thing to define as quantum objects are 'fuzzy', capable
of travelling backwards and having poorly defined locations.

Quantum states (operators in Heisenberg picture) are
time-dependent and evolve under Schrödinger equation,
but this implies arbitrary precision for time. This is contrary
to how QM observables function.

But how do we measure classical time? By linking to
another physical quantity (pulses, position of clock hand)
Uncertainty in these \Rightarrow uncertainty in time. Maybe a
'time' operator needs to be system dependent?

First up, history of time in QM

'How can we say when a particle crosses a point?'

A Pauli's argument

If a self-adjoint time operator existed $T = T^\dagger$
could define

$$U = e^{iET/\hbar} \quad \text{s.t.} \quad U|E\rangle = U|E - E'\rangle$$

Which of course permits negative energies and continuous spectra

"the introduction of an operator T must fundamentally^{ly}
be abandoned..."

(footnote of his encyclopaedia)

One statement from such a renown man killed it off
forever.

note - can do QM without self-adjoint (Hermitian)
operators, but all ~~popular ones~~ mainstream ones do.

First attempt would be a QM version of $t = \frac{m x}{p}$

$$T = \frac{m}{2} (x p^{-1} + p^{-1} x)$$

gives the time a particle
travels to a particular point
(say origin); time of arrival

however the interpretation of said operator is lacking,
especially in regards to an uncertainty relation (remember

this is old fashioned QM)

$\Delta E \Delta t$ like relation holds if

ΔE - uncertainty in E

Δt - lifetime of state

but not

ΔE - energy transferred

Δt - duration of measurement

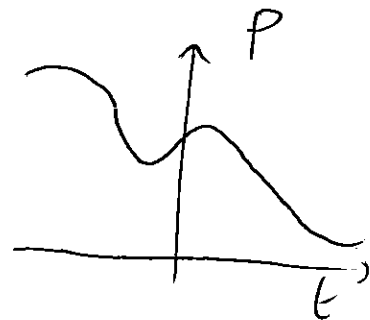
And for T earlier it has no meaning either. Though a modern approach ~~we~~ may ignore this though as ΔE could be 0 for our travelling particle arbitrary.

+ Backflow! Quantum particles can go backwards

$$J = \frac{\hbar}{2mi} \left(\psi^* \frac{d\psi}{dx} - \psi \frac{d\psi^*}{dx} \right) = J(x, t)$$

$$\text{s.t. } F \left(t_1, t_2 \right) = \int_{t_1}^{t_2} dt dx J(x=0, t)$$

flux of probability going through origin.



(can also write in terms of Wigner function.)

J does not have to be positive in a region (though overall it must be $F(\infty, \infty) > 0$ as right moving)

Interpret $v = \frac{J}{|\psi|^2}$, so particle has negative velocity

Next up a density-based one

$$\begin{aligned} \mathbb{T}^k(t) = & \left| \int_0^{\infty} dp \left(\frac{p}{m2\pi\hbar} \right)^{1/2} e^{-\frac{ip^2t}{2m\hbar}} \Psi(p) \right|^2 \\ & + \int_{-\infty}^0 dp \left(\frac{-p}{2\pi\hbar} \right)^{1/2} e^{-\frac{ip^2t}{2m\hbar}} \Psi(p) \right|^2 \end{aligned}$$

probability density that reproduces same statistics as above (average value) but different densities / particular value for a given t .

So what goes wrong?

+ Quantum-classical interface (measuring device) and our interpretations of causality. ~~Quantum~~
A common issue in QM of course

~~HA~~
+ Badly defined quantities and concepts.
- dwell time (between two points)
- arrival time
- ordering.

+ ~~Back to~~ Focus on older time QM

- uncertainty like $\Delta E \Delta t \gg \frac{\hbar}{2} \iff [t, H] = i\hbar$
but what does $\Delta E, \Delta t$ mean?

$$W(p, x) = \frac{1}{\hbar\pi} \int_{-\infty}^{\infty} dy e^{\frac{ipy}{\hbar}} \psi^*(x + \frac{y}{2}) \psi(x - \frac{y}{2})$$

s.t. $\langle A \rangle = \int dp dx W A$

$$J(x) = \int dp dq \frac{p \delta(q)}{m} W(p, q)$$

so ~~some~~ \int depending on p can get negative

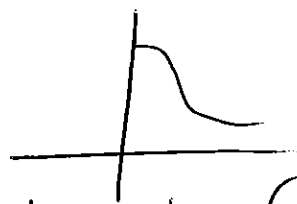
encodes all exp. values into phase space

Amount of backglow is bounded spatially & temporally.

States like

$\psi(p) = (a-p) f(p)$ give surprisingly good backglow
such as Gaussian-like (and thus experimentally
realizable)

$$\psi = (a-p) \Theta(p) e^{-bp^2}$$



which adding a tail can look quite Gaussian.

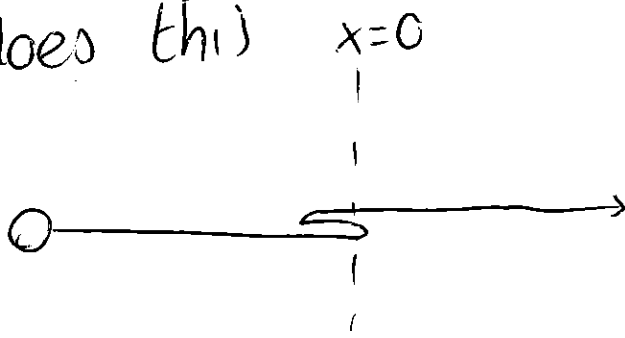
Relative values of a & b control it.

Note could scale it all to be arbitrarily wide as well,

it's only a free choice for x .

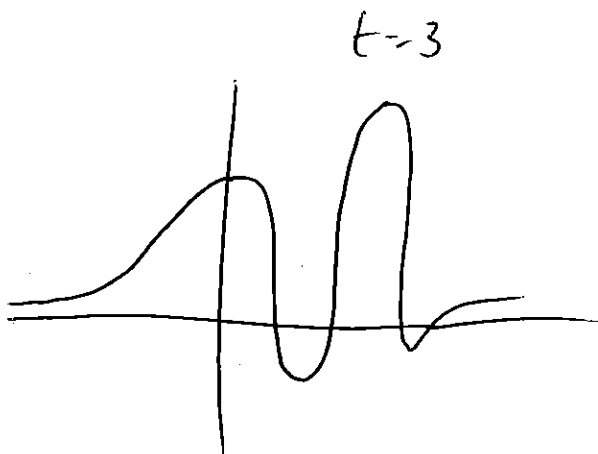
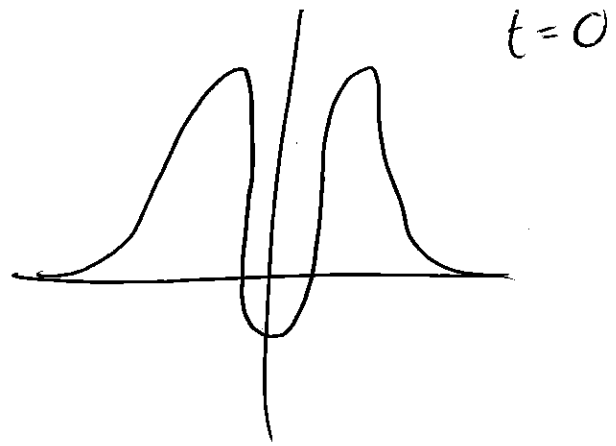
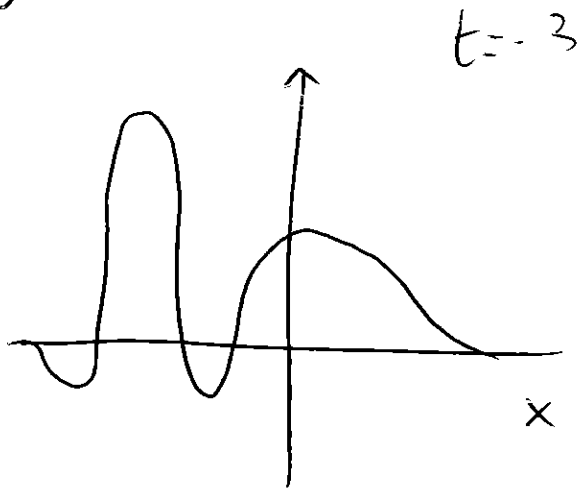
This arbitrary space does considering smearing functions
representing actual measurements

particle does this



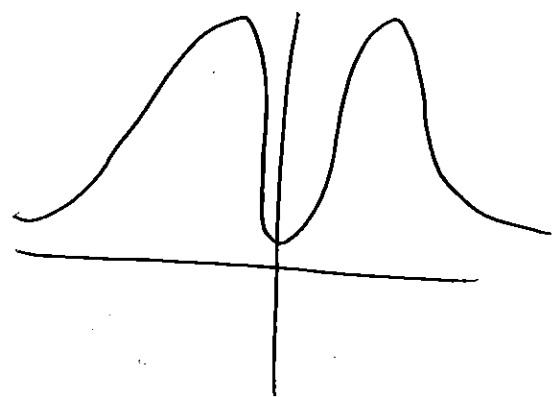
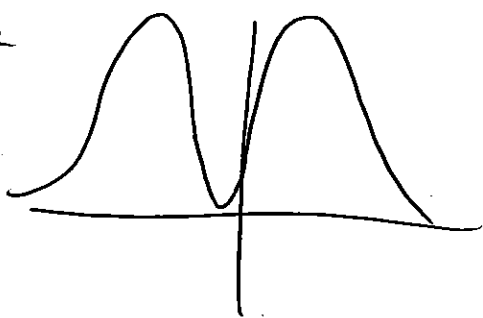
max is 4%
prob. going
backwards

ψ



numerically integrated
~~is symmetric~~ and it
is a small change

$|\psi|^2$



not symmetric.

area on LHS slips
back a bit.

so maybe the conclusion is that the time of arrival just doesn't work (same for dwell time) as it can go backward (fuzziness of QM)

+ Using Bohmian pilot wave interpretation particle actually does move backward.

+ total number of backflow is independent of t so it would happen classically? But ~~disap~~ t dependence returns after considering proper measurements

"Quantum Zeno effect"

^{repeated} measurements lock a system into a particular state so you cannot constantly measure the position of a particle without affecting it (removes that arrival time loop hole)

Can replicate the repeated measurements by complex potential done every time interval ϵ

P is our projection $\bar{P} = 1 - P$

$$P e^{-iH\epsilon} P e^{-iH\epsilon} \dots P |\psi\rangle \approx e^{-i(H - cV\bar{P})t} |\psi\rangle$$

$$e^{-V\bar{P}\epsilon} = P + e^{-V\epsilon}\bar{P}$$

$$P \times e^{-V\epsilon\bar{P}} \Rightarrow P e P e \approx e^{(-i(H - V_p)\epsilon)}$$

$$n\epsilon = t$$

corresponds to adding potential $= iV(1-P)$
 $= iV\bar{P}$
 $E \propto 1/V$

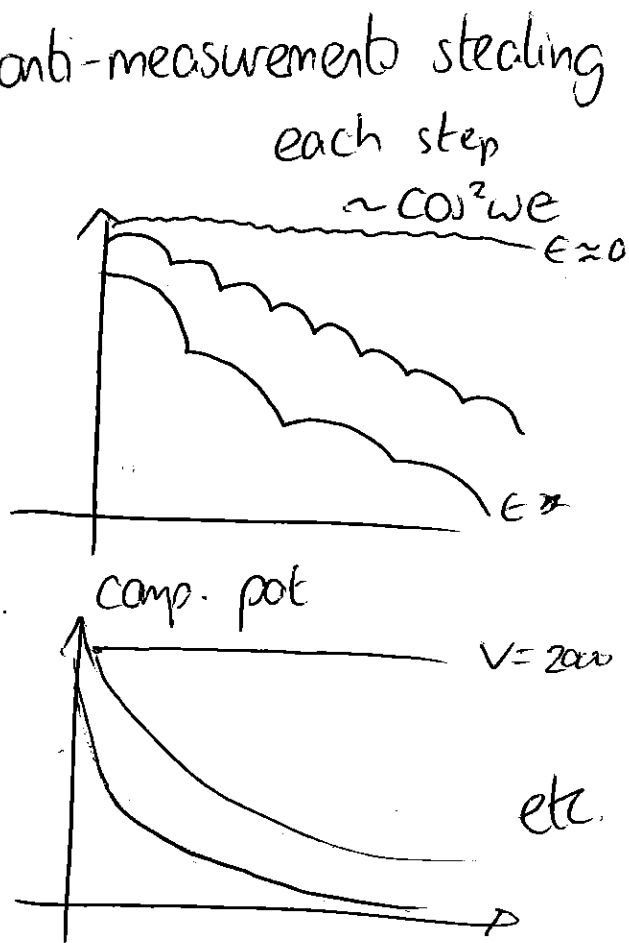
can be like imagined as complex anti-measurements stealing probability into complex plane.

Q: process

$$P = |\uparrow\rangle\langle\uparrow|, H = \omega\sigma_x$$

$$\Rightarrow \hat{V} = iV(1 - |\uparrow\rangle\langle\uparrow|)$$

$$= iV(|\downarrow\rangle\langle\downarrow|)$$



just Not massive profound but quite interesting considering complex valued potentials 'are not allowed'